

HWW Project Plan:

Young People's Health and Emotional Wellbeing Survey

Lead Director: Jane Stanley

Lead EO: Morag Edmondson

WHY THIS PRIORITY?

- Continuation of previous work / ongoing business priority looking at children and young people's emotional wellbeing and mental health.
- Ensuring feedback from children and young people is incorporated into updates of Herefordshire and Worcestershire's Children and Young People Emotional Wellbeing and Mental Health Transformation Plan
- To find out more about experiences of children and young people during the Covid-19 pandemic and how this has impacted on their health and emotional wellbeing
- Part of wider work around Covid-19 and impact of pandemic on access to services, implementation of changes e.g. digital access to healthcare and attitudes towards Covid-19 vaccination.
- To identify how young people would like to access information and support around health and wellbeing. Especially in view of increased use of digital and online communication and support methods introduced due to Covid-19 restrictions.
- Include focus on physical health - as part of wider prevention agenda and continuation of previous work around being healthy

SKILLS AND RESOURCES

- Survey will be developed and analysed by ME and JS
- YP to assist in survey development and pilot survey
- Paper copies of surveys entered on Survey Monkey by HW
- Survey will be mainly online with printed copies sent out to schools / colleges and youth groups where possible. Therefore, costs for printing and Facebook advertising.

WHAT ARE WE AIMING TO ACHIEVE?

We want to find out-

- Covid-19 - if young people have had Covid, if they are worried about catching it, if they have had a vaccination, how they feel about vaccination and where they have got information from about vaccination
- Impact of Covid-19 on their learning, socialising, family, emotional wellbeing, physical health and screen time
- Information about health and emotional wellbeing - where they would look for information and what kind of information they would like
- Support for emotional wellbeing - what support would they use and what do they do to relax
- Digital access - how do they access the internet and how easy would they find discussing health and emotional wellbeing issues remotely
- Experience of any support accessed for emotional wellbeing

NOTE - HWW have decided that we will write to the Commissioner / Provider (whoever is the most appropriate) asking for data relating to service use broken down by equalities dimensions of: gender, age, sexuality, disability and ethnicity

Limitations:

It is anticipated that survey will be completed predominantly online, as this has previously been most effective way of collecting feedback from larger numbers of young people and it is unlikely we will be able to carry out face-to-face visits to Colleges as in previous years due to Covid-19 restrictions.

This will mean that those who face more barriers to accessing information and support online may be less able to take part. Where possible we will distribute paper copies to schools and colleges for completion and liaise with youth groups / REG members about distribution of paper copies of the survey.

Amount of surveys completed will also depend partly on motivation of young people to complete a survey. Due to the areas we want to gather feedback on the length of the survey may discourage some young people from taking part.

Risk:

The survey will ask young people about their feelings and experiences of mental health support, which is a sensitive issue. However, this is limited to selecting responses and ratings and give further explanation of response, rather than for any

personal details or in depth information. All surveys are anonymous and no comments would be used in a way that would make any individual recognisable.

COLLABORATIVE WORKING

The work will be carried out solely by HWW.

We have discussed the survey with Becky Dwight, Senior Manager - Children and Young People's Mental Health, NHS Herefordshire and Worcestershire CCG and Sally-Anne Osborne, Associate Director for Children Young People & Families & Specialist Primary Care, Worcestershire Health and Care NHS Trust.

A draft of the survey will be shared with Sally-Anne and Jane Thomas (H&WHCT Engagement Manager) prior to distribution.

We have also had discussions with Becky and Public Health in relation to avenues and support to distribute the survey to schools. We will build on existing relationships with colleges, youth groups and REG members to extend the reach of the survey as far as possible.

WHEN WILL WE BE DOING THIS WORK?

Survey to be launched on 29th November 2021 and run until January 2022. Report to be published March 2022.

WHO WILL BE INVOLVED?

Children and young people aged 13 to 19.

- Kidderminster College, Worcester Sixth Form, HOW College students - via existing relationships
- Schools and Colleges - Mail Chimp contacts list, contacts on CYP Emotional Wellbeing Partnership Board and Mental Health Schools network via Louisa Jones
- Schools and Colleges via Public Health
- Youth groups and orgs in HWW Reference and Engagement Group - including groups which represent / support young people with disabilities, LGBT+ groups, young carers, BAME groups and contacts
- Liaison with Worcestershire Children First re distribution
- Facebook advertising
- Worcester News Article

Young people will be involved in testing out the survey questions and wording of promotional material.

Although survey will involve children from age 13, all responses are anonymous and we are not asking for any details or personal information.

HOW WILL WE DO THIS?

Methods:

Survey on Survey Monkey - completed mainly online, but where possible paper copies will be distributed. In this case surveys will be printed by Wychavon and distributed with return envelopes.

In addition to distribution as per above we will promote on Social Media - boosting posts on Facebook to target responses and potential promotion via YouTube channel.

Ask yourself: what do we need to know to answer the key question and how will this information be used?

Consideration should be given as to whether a Data Protection Impact Assessment is required. This may be the Basic DPIA or a full DPIA. This should be done in collaboration with the Data Controller (Simon Adams) and Information Security Officer (Jo Ringshall). For an example of a completed Basic DPIA see the HWW Research Protocol

ANALYSIS

Data will be analysed via Survey Monkey. Theming and further analysis will be carried out by ME and JS.