## **Key Messages - Accessing NHS Services**

During the coronavirus pandemic, NHS staff have been working hard to ensure that all patients who need urgent care - not just those with coronavirus - have been able to get it. GP practices have remained open throughout the pandemic, although the way they are working is with more online and telephone consultations. Pharmacies have also remained open during the pandemic remember to not visit a pharmacy if you are self-isolating or have coronavirus symptoms. If you have any concerns you can still access healthcare advice; you can speak to a pharmacist, phone your GP practice or visit their website and visit 111.nhs.uk online or call 111.

## Key messages:

- If you notice any unusual changes to your body that don't go away or have a symptom that you are worried could be cancer, then contact your GP practice. In most cases it won't be cancer, but it's best to get it checked out.
- Children and babies should still receive routine vaccinations during this pandemic, as they protect against serious and potentially deadly illnesses and stop outbreaks in the community. Please contact your child's GP practice to arrange for them to have their routine vaccinations and check whether they are up-to-date with all immunisations.
- Pregnant women should still attend all antenatal appointments, unless advised otherwise or experiencing coronavirus symptoms, and should contact their midwife if they have any concerns about the health of their unborn baby.
- If you or someone you know is experiencing symptoms of a stroke or heart attack then you must phone 999 A&E and ambulances are still available to those who need them.