

Child and Adolescent Mental Health Services

Project Plan

July 2018

Lead responsibility:

Morag Edmondson - Engagement Officer

Jane Stanley - Director

Why this priority:

2015

- Following feedback about concerns from young people and parents/ carers about access to CAMHS, waiting times and dissatisfaction with CAMHS service, we carried out a survey to gain further feedback about experiences.
- Future in Mind Report was published, outlining the national expectations for improvements in children and young people's mental health services and requiring each area to develop a local Transformation Plan for children and young people's emotional wellbeing and mental health.

2016

- HWW CAMHS Survey Report published in February. Feedback received from survey indicated need for improvement in: waiting times, availability and access to support, staff capacity and continuity, and joint working between CAMHS, schools and other agencies.
- Worcestershire's Transformation Plan published in November, outlining how improvements to CAMHS and emotional wellbeing services in Worcestershire would be implemented.
- CAMHS and Transformation Plan agreed as ongoing HWW business priority to monitor progress with implementation of the plan.

2017/ 2018

- HWW attendance at CAMHS Partnership Board meetings, meetings with Health and Care Trust and quality meetings.
- HWW workshops with College students to gain feedback about new emotional wellbeing services. Recent feedback gathered suggested that there was limited awareness of new emotional wellbeing services Kooth and Reach4Wellbeing.

- HWW Autism Spectrum Conditions Report - March 2018 - Concerns raised about availability of appropriate mental health and emotional wellbeing support for children and young people with ASC.
- CQC and Ofsted joint inspection report - May 2018 - on provision for children in Worcestershire with Special Educational Needs and Disability. Identified concerns about waiting times to access emotional wellbeing and mental health support.
- HWW have continued to receive feedback from young people, parents / carers and groups including WPCC and Parents Voice about concerns around waiting times and access to appropriate support.

What are we aiming to achieve?

Gather feedback from young people and parents/ carers about their experiences of accessing CAMHS and other support for mental health services.

Identify progress that has been made in improving services and introducing new emotional wellbeing services as part of the Transformation Plan.

Areas we will be focussing on will be -

- Accessing CAMHS
- Waiting times for CAMHS support
- Involvement of young people and parents / carers in decision making about support
- Understanding of individual needs
- Communication and joint working with other agencies
- Feedback about alternative supported accessed - e.g. Kooth, Reach4Wellbeing and counselling provided at school / college
- Awareness and uptake of Kooth and Reach4Wellbeing services

We will provide this feedback in a report with recommendations.

When we will be doing this work:

July 2018 - March 2019 initially. Follow up and monitoring beyond this date.

Who will be involved?

- Young people age 16 - 19 who have accessed or tried to access CAMHS during 2017 / 2018
- Parents and carers of children and young people who have access or tried to access CAMHS during 2017 / 2018
- Parent / Carer groups - including WPCC, Parents Voice and Families in Partnership

How will we do this?

- Survey for young people and survey for parents / carers
- Surveys available on line and hard copies
- Support with distribution / responses via parent groups
- Engagement / liaison with parent groups to gather further feedback
- Gather feedback from college engagement about awareness of Kooth and Reach4 Wellbeing and other support offered in Colleges
- Continue to attend CAMHS Partnership Board

Project Plan - CAMHS

ACTIVITY	Who	Start by	Finish by	Completed
Design and agree YP and parent / carer surveys	ME & JS		26/07/18	
Meet with Lead Commissioner for Children's Health Commissioner to discuss plans	ME		12/07/18	
Contact Health and Care Trust to update	ME		06/08/18	
Identify and document any potential issues regarding DPIA regarding YP survey	ME & NF		06/08/18	
Initial launch and distribution of surveys	ME		09/08/18	
Promotion of survey / collection of responses / engagement	ME	Aug 2018	Dec 2018	
Meet with parent groups	ME		Dec 2018	
College Workshops	ME	Oct 2018	Jan 2019	
Attendance at CAMHS Partnership Board	ME		ongoing	
Write and agree report and recommendations	ME & JS	Jan 2019	March 2019	