



## **Autism Spectrum Conditions Report**

March 2018

### **Easy Read Summary**



Healthwatch asks people what they think about health and care services.



Then we tell the people who run the services how they could make them better.



### **Worcestershire's All Age Autism Strategy**

This is the plan to make sure that everyone with Autism in Worcestershire gets the support and services they need.



We wanted to find out what people with Autism and their Carers think about support and services.

We wanted to know what still needs to be done better.

## Our Work



We have been talking to people with Autism and their carers.

We asked them what they think about –



Going to the Doctors



Going to the Hospital



Finding information



Support



Getting a diagnosis



150 people filled in surveys.  
We also spoke to 70 people.



We asked Doctors and Hospitals how much they know about Autism.



**What people told us needs to happen**



## **1. Better understanding of Autism**

Training for staff who work at Doctors and Hospitals



Autism Champions at Doctors and Hospitals



## 2. Making it easier to go to the Doctors and Hospital

Some of the things we suggested are –



Using simple language



Notes that say if someone has Autism



A quiet place to wait and things to do while you wait.



## 3. More information about services and support



## 4. Better support for people with Autism and Carers

More support groups



Better Mental Health Support



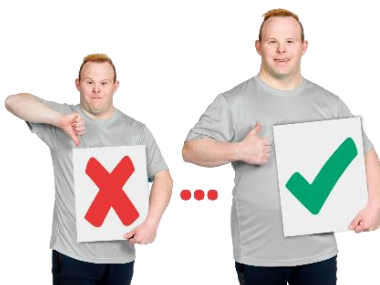
## 5. Shorter waiting times for a diagnosis of Autism



### What happens next?

Healthwatch Worcestershire has said how we think these things can be improved.

We have asked the organisations who run health and care services to tell us how they will do this.



We will check if they make the changes.