

## Children and Young People's Mental Health and Emotional Wellbeing

### Young People's Survey (16 years and over)

Healthwatch Worcestershire finds out what people think about health and care services. We use this information to tell those who run the services how they can be improved.

**The purpose of this questionnaire is to find out what young people think about mental health services, especially the Child and Adolescent Mental Health Services (CAMHS) in Worcestershire.** The information gained from this questionnaire will only be used for this purpose. The information you provide is confidential, although we may use anonymised quotes. Your name or any other personal identifying information will not appear in any publications resulting from this survey without your express consent.

**We would be very grateful if you could complete this survey if you have accessed or tried to access CAMHS or support for mental health issues in the last 2 years.**

Thank you for taking the time to fill this in.

**1. I agree that I understand the purpose of this survey and consent to the use of the data as indicated above**

I agree

**2. Have you received treatment or support from CAMHS in the last 2 years?**

Yes - in the last year - **GO TO QUESTION 8**

Yes - in the last 2 years - **GO TO QUESTION 8**

No - **GO TO QUESTION 3**

If you have **NOT** received **treatment or support** from CAMHS

**3. Have you been referred to CAMHS?**

No - **GO TO QUESTION 4**

Yes - **GO TO QUESTION 5**

If you have **NOT been referred** to CAMHS

**4. Why have you not been referred to CAMHS?**

I have needed support - but did not know how to access it

I have needed support - but not been referred / told I cannot be referred

I have been referred to / told about other support instead -

e.g. at school or college

Other reason - please specify -

All responses - **GO TO QUESTION 15**

If you **HAVE been referred** to CAMHS

**5. What happened following your referral to CAMHS?**

- I am waiting for a first appointment **GO TO QUESTION 6**
- I have had a first appointment with CAMHS - I am now waiting for individual treatment **GO TO QUESTION 7**
- I have had a first appointment with CAMHS - I am waiting for a group to start **GO TO QUESTION 7**
- I was not offered an appointment - but they have given advice and / or suggested a different service **GO TO QUESTION 15**
- I was not offered an appointment - no alternative advice or service was suggested

Comments -

**GO TO QUESTION 15**

If you are **currently waiting** for a **FIRST** appointment with CAMHS

**6. If you are currently waiting for a first appointment for CAMHS - roughly how long have you currently been waiting since you were referred?**

- Up to 4 weeks                       4 - 6 weeks                       6-12 weeks (up to 3 months)
- 12 - 18 weeks (up to 4.5 months)    18 - 24 weeks (up to 6 months)    Between 6 - 9 months
- Longer than 9 months
- I am not sure / I can't remember **All responses - GO TO QUESTION 15**

If you are **currently waiting** for **FURTHER TREATMENT** or a **GROUP SESSION** with CAMHS

**7. If you have had a first appointment at CAMHS and are currently waiting for further treatment or a group to start - roughly how long have you been waiting since you were first referred?**

- Up to 4 weeks                       4 - 6 weeks                       6-12 weeks (up to 3 months)
- 12 - 18 weeks (up to 4.5 months)    18 - 24 weeks (up to 6 months)    Between 6 - 9 months
- Longer than 9 months
- I am not sure / I can't remember **All responses - GO TO QUESTION 15**

**If you have accessed CAMHS in the last 2 years**

**8. Roughly how long did you wait for your first appointment at CAMHS following your referral?**

- Up to 4 weeks                       4 - 6 weeks                       6-12 weeks (up to 3 months)
- 12 - 18 weeks (up to 4.5 months)    18 - 24 weeks (up to 6 months)    Between 6 - 9 months
- Longer than 9 months
- I am not sure / I can't remember

**9. After your first appointment at CAMHS - roughly how long did you wait for further treatment or a group to start?**

- Up to 4 weeks                       4 - 6 weeks                       6-12 weeks (up to 3 months)  
 12 - 18 weeks (up to 4.5 months)    18 - 24 weeks (up to 6 months)    Between 6 - 9 months  
 Longer than 9 months  
 I am not sure / I can't remember

**10. Overall - how happy are you with the length of time you waited to access treatment / support from CAMHS?**

- Very happy                       Happy                       Unhappy                       Very unhappy

Any comments -

**11. Do you feel that the staff at CAMHS have a good understanding of your individual needs?**

- Yes                       No                       Sometimes                       Not sure

Any comments -

**12. Do you feel that staff at CAMHS have involved you in decisions about your treatment / support?**

- Yes                       No                       Sometimes                       Not sure

Any comments -

**13. Do you feel there has been effective communication between CAMHS and other agencies? For example school or college.**

- Yes                       No                       Sometimes                       Not sure  
 I did not want them to communicate with anyone else

Any comments -

**14. Overall - how effective do you feel the treatment / support from CAMHS has been?**

- Very good                       Good                       OK                       Poor                       Very poor

Please explain your response -

## Other Support

15. Have you been referred to or told about any of the support below? Tick all that apply

- Community Eating Disorder Service
- Kooth - online counselling
- Reach4Wellbeing
- Worcestershire Healthy Minds
- School Nurse Service (either appointments or drop in)
- Counselling at school or college
- Counselling provided by another organisation - please specify
- Private counselling
- I have not been offered or told about any alternative support

16. If you have accessed any of the support below - how helpful was it?

### Community Eating Disorder Service

- Very good       Good       OK       Poor       Very poor

Comments -

### Kooth - online counselling

- Very good       Good       OK       Poor       Very poor

Comments -

### Reach4Wellbeing

- Very good       Good       OK       Poor       Very poor

Comments -

### Worcestershire Healthy Minds

- Very good       Good       OK       Poor       Very poor

Comments -

### School Nurse Service (either appointments or drop in)

- Very good       Good       OK       Poor       Very poor

Comments -

Counselling at school or college

Very good       Good       OK       Poor       Very poor

Comments -

Counselling provided by another organisation - please specify

Very good       Good       OK       Poor       Very poor

Comments -

Private counselling

Very good       Good       OK       Poor       Very poor

Comments -

**17. Are you currently attending school / college / other training provider?**

Yes - Regularly       Yes - Sometimes       No

**18. Is there anything else you would like to share with us about your experience of CAMHS or accessing support for mental health or emotional wellbeing?**

**About you**

**19. Are you**

- Male                       Female                       Other e.g. transgender

**20. How old are you? \_\_\_\_\_**

**21. Where do you live?**

- Worcester City                       Redditch                       Bromsgrove  
 Wyre Forest                       Wychavon                       Malvern Hills

**22. Which of the following teams within CAMHS have you accessed?**

- South Worcestershire CAMHS  
 Wyre Forest CAMHS  
 Redditch and Bromsgrove CAMHS  
 Tier 3 CAMHS - Intensive Community Support  
 CAMHS Learning Disability Team  
 I am not sure  
 Other \_\_\_\_\_  
 I have not accessed CAMHS

**23. Do you consider yourself to have a disability or long-term medical condition?**

- Yes                       No

**24. If yes, please tick any of the below that apply -**

- Learning Disability                       Autism Spectrum Condition                       ADHD  
 Hearing impairment                       Visual impairment                       Physical disability  
 Mental Health                       Long term health condition e.g. Diabetes  
 Other / awaiting diagnosis - please specify -

**25. How would you describe your Ethnic Group?**

<b>White</b>	<b>Mixed ethnic groups</b>	<b>Asian / Asian British</b>	<b>Black / Black British</b>
<input type="checkbox"/> British <input type="checkbox"/> Irish <input type="checkbox"/> Gypsy/Irish Traveller <input type="checkbox"/> White other: _____	<input type="checkbox"/> White and Caribbean <input type="checkbox"/> White and Black African <input type="checkbox"/> White and Asian <input type="checkbox"/> Any other mixed: _____	<input type="checkbox"/> Indian <input type="checkbox"/> Pakistani <input type="checkbox"/> Bangladeshi <input type="checkbox"/> Chinese <input type="checkbox"/> Any other Asian: _____	<input type="checkbox"/> African <input type="checkbox"/> Caribbean <input type="checkbox"/> Any other Black: _____ <input type="checkbox"/> Arab/any other group: _____

**Thank you for taking time to share your experiences.**

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